COMMON INFECTIOUS DISEASES CONTRACTED BY TRAVELLERS WORLDWIDE

MALARIA

**Key:** High Risk

**Symptoms:**
- Chills
- Fever
- Headache
- Vomiting
- sweats

**Incubation:** 3-10 days

**Malaria**

3 BILLION of the world's population live in Malaria risk areas

Plasmodium falciparum
- 9-14 days
- Mosquito bite

Plasmodium vivax strain/
Plasmodium ovale
- 12-18 days

Plasmodium malariae
- 18-40 days

DENGUE FEVER

**Key:** High Risk

**Symptoms:**
- Fever
- Headache
- Rash
- Muscle pain

**Incubation:** 4-10 days

**Dengue Fever**

2 MILLION people are hospitalised with severe Dengue symptoms each year

SYMPTOMS
- Fever
- Headache
- Diarrhoea
- Muscle pain
- Vomiting

YELLOW FEVER

**Key:** High Risk

**Symptoms:**
- Fever
- Severe headache
- Constipation
- Diarrhoea
- Abdominal pain
- Nausea
- Loss of appetite

**Incubation:** 3-6 days

**Yellow Fever**

Yellow fever can cause a fever as high as 40ºC

SYMPTOMS
- Fever
- Headache
- Aching joints
- Vomiting
- Nausea
- Loss of appetite

TYPHOID FEVER

**Key:** High Risk

**Symptoms:**
- Fever
- Severe headache
- Constipation
- Diarrhoea
- Abdominal pain
- Nausea
- Loss of appetite

**Incubation:** 2-4 weeks

**Typhoid Fever**

200,000 DEATHS occur due to typhoid each year, mostly in developing countries

SYMPTOMS
- Fever
- Headache
- Constipation
- Diarrhoea
- Abdominal pain
- Nausea
- Loss of appetite

RABIES

**Key:** High Risk

**Symptoms:**
- Fever
- Headache
- Aching joints
- Vomiting
- Nausea
- Loss of appetite

**Incubation:** 3-90 days

**Rabies**

Infected bodily fluids

SYMPTOMS
- Fever
- Headache
- Aching joints
- Vomiting
- Nausea
- Loss of appetite

MENINGITIS

**Key:** High Risk

**Symptoms:**
- Fever
- Headache
- Sore throat
- Vomiting
- Fatigue
- Loss of appetite
- Insomnia

**Incubation:** 5-10 days

**Meningitis**

50,000 DEATHS occur from rabies each year, mostly contracted from dog bites

SYMPTOMS
- Fever
- Headache
- Rash

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