Group work helps children cope with:

- Coping with divorce
- Coping with loss
- Coping with stress
- Coping with grief and loss
- Coping with trauma
- Coping with emotional regulation and anxiety
- Coping with obsessive-compulsive disorder
- Coping with separation anxiety/social phobia
- Coping with social skill deficiencies
- Coping with attention deficit hyperactivity disorder

Group work helps children prevent:

- Aggressive behavior/violence prevention
- Trauma
- School dropout
- Substance abuse
- Unplanned pregnancy

Group work helps children deal with:

- Aggression
- Mental health
- Social skills
- Conflict resolution

For group work strategies and practices considered effective as how to use group work with healthy and at-risk youth, visit socialwork.oxfordre.com.

A meta-analysis including more than 100 school-based primary prevention programs conducted by Durlak and Wells (1997) found that these programs enhanced competencies such as assertiveness, communication skills, self-image, and school achievement.