INFLUENZA
FACT SHEET

PANDEMICS
Since 1900, there have been four pandemics, in 1918, 1957, 1968, and 2009.

TYPES
Influenza viruses are classified into three distinct types: A, B, and C.

HIGH RISK GROUPS
- Children 6 to 59 months of age
- Adults ≥ 50 years of age
- Pregnant women
- Adults and children with chronic pulmonary, renal, cardiovascular, hepatic, neurologic, hematologic, or metabolic disorders
- Immunosuppressed patients
- Residents in long-term care facilities
- Health-care personnel
- Morbidly obese people, BMI ≥40 kg/m2
- Household contacts and caregivers of children < 5 years and adults ≥50 years
- Children and adolescents receiving long-term aspirin therapy

TREATMENT
A majority of cases require no treatment other than supportive care. Those at increased risk will benefit from timely antiviral treatment.