

INFLUENZA

FACT SHEET

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PANDEMICS

Since 1900, there have been four pandemics, in 1918, 1957, 1968, and 2009.



TYPES

Influenza viruses are classified into three distinct types: A, B, and C

HIGH RISK GROUPS

- Children 6 to 59 months of age
- Adults ≥ 50 years of age
- Pregnant women
- Adults and children with chronic pulmonary, renal, cardiovascular, hepatic, neurologic, hematologic, or metabolic disorders
- Immunosuppressed patients
- Residents in long-term care facilities
- Health-care personnel
- Morbidly obese people, BMI ≥ 40 kg/m²
- Household contacts and caregivers of children < 5 years and adults ≥ 50 years
- Children and adolescents receiving long-term aspirin therapy



TREATMENT

A majority of cases require no treatment other than supportive care. Those at increased risk will benefit from timely antiviral treatment.